#### **Captains Charity 2024**

**John's chosen charity for this year is Kangaroos** which supports children, teenagers and adults with severe learning disabilities including those with mobility issues, epilepsy, autism, challenging behaviour and complex medical needs.

### WHO WE ARE

Kangaroos is a registered charity, operating in Mid Sussex. We provide yearround clubs and trips for people with learning disabilities and additional needs.

Our vision is that people with learning disabilities can exercise their right to leisure, play and recreational activity in a safe and supported environment throughout their lifetime.

#### www.kangaroos.org.uk

## **Our Origins**

Kangaroos was established in 1994 by a small group of parents who wanted their children with learning disabilities to be able to access after school activities. They set up a Saturday play scheme and Kangaroos was born.

Since then we've grown and grown! Our organisation now supports over 300 families in Sussex and beyond!

# Why 'Kangaroos'?

We think it perfectly sums up what we strive for - our members to be happy, having fun and

### feeling free. Our Inclusive Approach

Though we started as a children's charity, it made sense that we grew along with our members. Thats why we offer social clubs and activities for people with learning disabilities through into adulthood.

We also run family and sibling events so that people who care for our members can connect with one another and have some time off in an understanding and supportive environment.